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**Wren’s Nest Navigator Project – Self Referral Form**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Surname: |  |
| Date of Birth: |  | Contact number: |  |
| Gender: |  | Postcode: |  |
| Address:  |  |
| Email Address: |  |
| School/College |  |
| Date: |  |

**Emergency contact details:**

|  |  |  |  |
| --- | --- | --- | --- |
| First name: |  | Surname: |  |
| Date of Birth: |  | Tel: |  |
| Gender: |  | Postcode: |  |
| Address:  |  |
| Email Address: |  |
| Date: |  |

**Interests and support**

**Please tick the following options that you are interested in:**

**Mental Wellbeing Workshops** [ ]

**Pre – employability Learning and skills** [ ]

**Cook and Eat activties** [ ]

**Health and Nutrition advice** [ ]

**Creative Workshops** [ ]

**Physical activity** [ ]

**Money Management advice** [ ]

Counselling [ ]

**Reason for referral to Wren’s Nest Navigators:**

Please sign here to confirm your consent to contacted to discuss this referral.

|  |  |  |  |
| --- | --- | --- | --- |
| Name  |  | Signature: |  |

If this referral is on behalf of a young person please sign here:

|  |  |  |  |
| --- | --- | --- | --- |
| Name  |  | Signature: |  |

**Please return the completed form to:** **dudleywrensnest@ymcabc.org.uk**

**We look forward to meeting you soon!**

**Follow us for further updates and changes to the timetable:**

|  |  |  |  |
| --- | --- | --- | --- |
| See the source image | **@dudleywrensnest** |  | Image result for Instagram Logo. Size: 130 x 133. Source: www.freelogovectors.net**@dudleywrens** |